

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY

Type	Name	Topic	Author
DVD	Autism Is A World	Autism	CNN
DVD	Stages of Change	Motivational Interviewing	Carlo Di Clemente
DVD	A Normal Life	Fetal Alcohol Syndrome	CTV-McIntyre Media Inc.
DVD	Bully P O V	Bullies Points of View	CTV-McIntyre Media Inc.
DVD	W-Five: Thin Red Lines	Self-injury	CTV-McIntyre Media Inc.
Audio	How to Talk so Kids will Listen & Listen so Kids		Faber & Mazlish
DVD	Addiction	HBO	HBO
Video	Help! I Have a Teenager	Parenting	Dr. Hebert Ford
DVD	Meth: Our Nation's Crisis Toolkit	Substance Abuse	Kinetic Video
VHS	Co- Occurring Disorders	Concurrent Disorders (Mental Health & Drugs)	Kinetic Video
Bully Smart Series & DVD	Are You A Bully?	Bullying	McIntyre Media Inc.
Bully Smart Series & DVD	Don't Stand By	Bullying	McIntyre Media Inc.
DVD	Drug Abuse & Peer Pressure	Drugs and Peer Pressure	McIntyre Media Inc.
Bully Smart Series & DVD	Help! I am a Bully	Bullying	McIntyre Media Inc.
DVD	How to Build Self- Esteem & Character	Self-Esteem	McIntyre Media Inc.
Bully Smart Series & DVD	Five Ways To Stop A Bully	Bullying	McIntyre Media Inc.
DVD	Low Self-Esteem and Destructive Behaviour	Suicide, Self-Destructive Behaviours & Self-Esteem	McIntyre Media Inc.
DVD	Sex & Pregnancy - Power of Choices	Choices and Consequences of Sex & Pregnancy	McIntyre Media Inc.
DVD	Why Staying in School is Important	Consequences of Dropping Out of School	McIntyre Media Inc.
DVD	A Child Unlike Any Other	Autism	NFBONF
DVD	A Map of the Mind Fields: Managing Adolescent Psychosis	Adolescent Psychosis	NFBONF
DVD	Beyond the Blues: Child & Youth Depression	Child and Youth Depression	NFBONF
DVD	Cheating Death: Some Choices You Have to Live With	Drugs, Gangs and Guns	NFBONF
DVD	Fighting Their Fears: Child & Youth Anxiety	Child and Youth Anxiety	NFBONF
DVD	It's A Girls World	Bullying	NFBONF
DVD	Struggle for Control: Child & Youth Behaviour Disorders	Child and Youth Behaviour	NFBONF
DVD	Unbreakable Minds	Mental Illness	NFBONF
			Parent Action on Drugs
			Parent Action on Drugs

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Children of Alcoholics: A Guide for Parents, Educators, and Therapist	Robert J Ackerman
Book	Drugs & Drug Abuse	Brana Brands
Book	Methadone Maintenance and Treatment	CAMH
Resource Binder	Compendium of Pharmaceuticals & Specialities	CPA
Book X2	Addiction & change: How addictions develop and addicted people recover	Carlo DiClemente
Book	Physician's Handbook: For Medical Management of Alcohol and Drug-Related Problem	Devenyi & Saunders
Book	A Hanzelden Guidebook: Dangerous Drugs	Carol Falkowski
Curriculum in a Box	Substance Abuse 2005	Human Relations Media
Book	Harm Reduction: Pragmatic Strategies for Managing high risk behaviours	Alan Marlatt
Book	Relapse Prevention: Maintenance Strategies in the Treatment of Addictive Behaviours	Alan Marlatt
Book	Group Work with Adolescents: Principals and Practice	Andrew Malekoff
Book	Adolescents, Alcohol and Substance Abuse	Peter Monti
DVD	What's With Weed	Parent Action on Drugs
DVD	Peers, and Parties	Parent Action on Drugs
DVD	Family, Friends, and Feelings	Parent Action on Drugs
Book	New Guide to Prescription and Over the counter drugs	Readers Digest
Book	Group Treatment for Substance Abuse: Stages of Change Therapy Manual	Velasquez, Maurer, Cvouch & DiClemente

Subject :DRUG SUBSTANCE

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Youth & Drugs and Mental Health: A Resource for Professionals (2)	CAMH
Book	Cognitive Behavioural Integrated Treatment (C-BIT): A treatment Manual for Substance Mususe in People wth Severe Mental Health Problems	Hermine Graham
Book	Integrated Treatment for Dual Disorders: A guide to effective practice	Kim Mueser
Book	Treating Concurrent Disorders: A Guide for Counsellors	Wayne Skinner

Subject: Concurrent Disorders

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Healthy Anger	Bernard Golden
Book	Angry Children, worried Parents: Seven Steps to Help Families Manage Anger	Sam Goldstein
Book	Responding to Anger	Hazeldon
Book	In Control	Millicent Kellner
Book	Staying in Control: Anger Management Skills for Parents of Young Adolescents	Millicent Kellner
Game	Being In Control BINGO - An Anger Management Game for Young Adolescents	Millicent Kellner
Youth Workbooks & Videos	Anger Management, Conflict Resolution, Stress Management, Communication and Decision Making	Yvonne Pearson & Life Skills
Book	The Anger Habit: Proven Principles to Calm the Stormy Mind	Carl Semmelroth
Book	Anger Habit: Workbook: Proven Principles to Calm the Stormy Mind	Carl Semmelroth
Book	Anger Management Skills - teachers guide	Sunburst Media

Subject: ANGER

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book X2	Seven Steps to Help Your Child Worry Less: A Family Guide	Kristy Agar
Book X2	Freeing your Child form Anxiety: Powerful, Practical Solutions to Overcome Your Anxious Child's Fears, Worries and Phobias	T.E. Chansky
Book	School Phobia, Panic Attacks, and Anxiety in Children	Marianna Csoti
Book X2	Your Anxious Child: How Parents and Teachers Can Relieve Anxiety in Children	John S. Dacey
Book	The Anxiety Cure for Kids: A Guide for Parents	Elizabeth DuPont
Book X2	The Worried Child: Recognizing Anxiety in Children and Helping Them Heal	Paul Foxman
Book X2	Help for Worried Kids: How your child can conquer Fear and Anxiety	Cynthia Last
Book	Keys to Parenting Your Anxious Child	Katharina Manassis
Book	When my Worries get Too Big: A Relaxation Book	Brenda Smith Myles
Book	Is my Teenager Ok?	Pavi
Book	Helping your Anxious Child A Step-by-Step Guide for Parents	Ronald Rapee
Book X2	Your Anxious Child: Raising a Healthy Child in a Frightening World	Mary Ann Shaw
Book	Stressed out Girls	
Book	Worried No More: Help and Hope for Anxious Children (2nd Edition)	Wagner

Subject : ANXIETY

ST. LEONARD'S COMMUNITY SERVICES' RESOURCE LIBRARY		
Source	Title	Author
Book	Asperger Syndrome and Adolescence: Helping Preeteens and Teens Get Ready for the Real World	Teresa Bolick
Book	The OASIS Guide to Asperger Syndrome	Patricia Bache
Book	The Asperger Parent: How to Raise a Child with Asperger Syndrome and Maintain Your Sense of Humour	Jeffery Cohen
Book	Asperger Syndrome in Adolescence: Living with the Ups, Downs and Things in Between	Liane Holliday
Book	Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence	Luke Jackson
Book	Asperger Syndrome : A Guide for Educators and Parents	Brenda Smith Myles & Richard Simpson
Book	Asperger Syndrome and Your Child	Powers and Poland
Book	Learning and Behaviour Problems in Asperger Syndrome	Margot Prior
Book	A Mind Apart: Understanding Children with Autism & Asperger Syndrome	Peter Szatmari
Book	Can I Tell You About Asperger's Syndrome? A Guide for Family & Friends	Jude Welton

Subject: ASPERGER'S

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Autism: Explaining the Enigma	Utd Fiuth
Book	Helping Children with Autism Learn: A Guide to Treatment Approaches for Parents and Professionals	Bryna Siegel
Book	Demystifying the Autistic Experience: A Humanistic Introduction for Parents, Caregivers and Educators	William Stillman

Subject :AUTISM

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Kids are Worth It!	Barbara Coloroso
Book	Roadblocks in Cognitive Behavioural Therapy: Transforming Challenges into Opportunities for Change	Robert Leahy
Book	Cognitive Behavioural Training - How to Guide for Successful Behaviour	Mark LeMessurier
Book	Think Good Feel Good: Cognitive Behaviour Therapy Workbook	Paul Stallard

Subject: Cognitive Behaviour

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	A Smart Girl's Guide to Boys	American Girl
Book	The Teenage Guy's Survival Guide: The real deal on girls, growing up and other guy stuff	Jeremy Daldry
Workbook	Making Choices	Halter & Lang
Book	104 Activities that Build	Alanna Jones
Book	Always My Child: A Parent's Guide to Understanding your Gay, Lesbian, Bisexual, Transgendered or Questioning Son or Daughter	Kevin Jennings
Book	You Ought to Know: A Guys Guide to Sex	Bill Kelly
Book	Raising Cain. Protecting The Emotional Life of Boys	Dr. Kindlon & Dr. Thompson
Book	What's Happening to My Body? Book for Boys: A Growing up Guide for Parent's and Son's	Lynda Madaras
Book	What's Happening to My Body? Book for Girls: A Growing up Guide for Parent's and Daughter's	Lynda Madaras
Book	Is it a choice - Revised edition: Answers to 300 of the Most Frequently Asked Questions about Gay and Lesbian People	Eric Marcus
Book	Deal With It: A Whole New Approach to your body, brain and life as a girl	Drill, McDonald, Odes
Book	Reviving Ophelia: Saving the Selves of Adolescent Girls	Mary Pipher, Ph.D.
Book	The Real Boys Workbook	William Pollack

Subject : DATING AND SEXUALITY

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Arts Resource Handbook: Activities fo Students with Disabilities	Paula Chan Bing
Book X2	Dual Diagnosis	Griffiths, Stavrakaki & Summers
Book	Young Children with Special Needs	Stephen Hooper
Book	Attention Deficit Disorder & Learning Disabilities	Ingersoll & Goldstein
Book	Reflections from a Different Journey: What Adults with Disabilities Wish all Parents Knew	Stanley Klein
Book	Special Kids need Special Parents: A Resource for Parents of Children with Special Needs	Judith Loseff Lavin
Book X2	Children with Spina Bifida	Marlene Lutkenhoff
Book	Please Welcome Gord Paynter	Gord Paynter
Book	Special Parent, Special Child: Parents of Children with Disabilities Share their Trails, Triumphs and Hard-Won Wisdom	Tom Sullivan
Book	Raising a Handicapped Child: A Helpful Guide for Parents of the Physically Disabled	Charlotte Thompson
Book	Life Beyond the Classroom: Transition Strategies for Young People with Disabilities	Paul Wehman

Subject: DISABILITIES

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Stepliving for teens: Getting Along with Stepparents, Parents and Siblings	Joel Block
Book	Divorce & new beginnings: A Complete Guide to Recovery	Genevieve Clapp
Book	My Mommy, Daddy and I are Getting a Divorce	Nicole Crowely O'Keefe
Work Book	A Separation in my Family	Wendy Deaton
Book	Healthy Divorce: 14 Stages of Separation, Divorce and Remarriage.	Craig Everett & Sandra Volgy Everett
Book	How it Feels When Parents Divorce	Jill Krementz
Book	Vicki Lansky's Divorce Book for Parents: Helping Your Children with Divorce and It's Aftermath	Vicki Lansky
Book	Divorce Comes to Our House	Warner Press
Book	X2 Helping Children Cope with Divorce	Rosemary Wells
Book	What About the Kids?: Raising your Children Before, During and After Divorce	Judith Wallerton

Subject :DIVORCE

	ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY	
Source	Title	Author
Book	The Eating Disorder Sourcebook	Costin
Book	Hunger Pains: The Modern Woman's Tragic Quest for Thinness	Pipher

Subject : EATING DISORDERS

ST.LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Helping Children Cope With the Death of A Parent	Ruddy Greenwall
Book	Helping Children Cope When A Loved One is Sick and Preparing to Die	Fairview Health Services
Book	25 Things to do When Grandpa Passes away, Mom & Dad get Divorced or the Dog Dies	Laurie Kanyer
Book	Helping Teens work Through Grief	Mary Kelly Perschy
Book	Water Bugs & Dragonflies: Explaining Death to Young Children	Doris Stickney
Book	Helping Children Cope With Change and Loss	Rosemary Wells
Book	It's Okay to Cry: A Parent's Guide to Helping Children through the Losses of Life	Norman Wright

Subject : GRIEF BEREAVEMENT

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Why Can't I Learn Like Everyone Else: Youth With Learning Disabilities	Shirley Brinkerhoff
Book	Rocoverly of You Inner Child	Lucia Capacchione
Book	Learning Disabilities from a Parents Perspective: What You Need to Know To Understand, Help & Advocate for Your Child	Kim E. Glenchur
Book	Understanding ADHD	Christopher Green & Kit Chee
Book	Attention Deficit Disorder and Learning Disabilities	Barbara Ingersol & Same Goldstein
Book	Learing Disablities: The Ultimate Teen Guide	Penny Hutchins
Book	A Mind At a Time	Mel Levine
Book	Understanding Disability	Peggy Quinn
Work Book & Activities	The Therapists Notebook for Children & Adolescents	Sori & Hecker
Book	Understanding Learning Disabilities: The Sourcebook for Causes, Disorders and Treatments	Carol Turkington
Book	The Encyclopedia of Learning Disabilities	Carol Turkington
Book	A Kid Just Like Me	Bruce Roseman
Book	Understanding Girls with AD/HD	Nadeau, Littman & Quinn
Book	X10 Lucky Horseshoes - a take from The Iris the Dragon Services	Gayle Grass

Subject : LEARNING PROBLEMS

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Subject : LEARNING PROBLEMS

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Helping Your Depressed Child: A Step by Step Guide for Parents	Barnard
Book	Taking Charge of ADHD: The Complete, Authoritative Guide for Parents	Barkley
Book X2	ADHD: What Do We Know? And ADHD: What Can We Do?	Barkley
Book	Cognitive Behaviour Therapy for Bipolar Disorder	Basco & Rush
Book	Why is Mommy Sad? : A Child's Guide to Parental Depression	Paul Chan
Book	The Depression Workbook: A Guide for Living with Depression and Bipolar Managing Emotions	M.A. Copeland
Book	Recovering from Depression: A Workbook for Teens	Copeland
Book	Growing up Sad: Childhood Depression and It's Treatment	Leon Cytryn
Book	If Your Adolescent Has Depression or Bipolar Disorder	Dwight Evans
Book	Understanding Teenage Depression	Maureen Empfield
Book	ADD/ ADHD Behaviour Change Resource Kit	Flick
Book	Coping With Depression in Young People: A Guide for Parents	Fitzpatrick
Book X2	Raising a Moody Child: How to Cope with Depression and BiPolar	Mary Fristad
Book	Understanding ADHD	Dr. Green and Dr Chee
Book X2	Can I catch it like a cold? : A Story to help children understand parental depression	Gretchen Kelbough
Journal	The ADHD Report	Guilford Press
Curriculum in a Box	Managing Emotions	Human Relations Media
Book X2	More than Moody: Recognizing and Treating Adolescent Depression	Harold Koplewicz
Book	Raising Depression-Free Children: A Parent's Guide to Prevention	Hockey
Book	Adolescent Depression: A Guide for Parents	John Hopkins
Book	Cognitive Behaviour Therapy for Bipolar Depression	Robert Leahy

Subject: MOOD, DEPRESSION BIPOLAR

Book	Treatment Plans and Interventions for Depression and Anxiety Disorders	Robert Leahy
Book	Helping Your Teenager Beat Depression: A Problem Solving Approach	Manassis
Book	Adolescent Depression: A Guide for Parents	Francis Mark Mondimore
Book	Bipolar Disorder: A Guide for Patients and Families	Francis Mark Mondimore
Book	Is Your Child Depressed	Nathan Napurstek
Book	The BiPolar Child	Dr. Demitri Papolos
Book	The ADHD Workbook for Parents	Parker
Book	The ADHD Book of Lists	Rief
Book	How to Reach and Teach Children with ADD/ADHD	Rief
Book	ADHD and Teens: A Parent's Guide to Making it Through the Tough	Roberts
Book	The Everything Parent's Guide to Children with ADD/ADHD	Sonna
Book	AD/HD: Helping Your Child: A Comprehensive Program to Treat	Umansky

Subject: MOOD, DEPRESSION BIPOLAR

ST.LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY

Source	Title	Author
Book	Mindfulness - Based Treatment Approaches	Ruth Baer
Book	Mindfulness and Acceptance : Expanding Cognitive Behavioural Tradition	Steven Hayes
Book	Full Catastrophe Living: Using the Wisdom of Your Body & Mind to Face Stress, Pain, and Illness	J.Kabat-Zinn
Book	Wherever You Go There You Are: Mindfulness Meditation	J. Kabat- Zinn
Book	Mindfulness- Based Cognitive Therapy for Depression	Zindel Segal Williams

Subject : Mindfulness

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Cognitive Behavioural Treatment of Borderline Personality Disorder	Marsha Linehan
Book & DVD	Treating borderline personality disorders	Marsha Linehan
Book & DVD	Understanding Boarderline Personality disorders	Marsha Linehan

Subject: Personality Disorders

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Treating Explosive Kids: The Collaborative Problem-Solving Model	Ross Greene & Stuart Ablon
Book	I can problem solve - An interpersonal Cognitive problem-solving program 3 book series- Kindergarten, Preschool, Elementary	Dr. Myrna Shure

Subject: Problem Solving

ST. LEONARD'S COMMUNITY SERVICES RESOURCE LIBRARY		
Source	Title	Author
Book	Dealing with Teasing	Lisa K. Adams
Book	The bully, The Bullied and the Bystander	Barbara Coloroso
Book	Blue Cheese and Stinky Feet: How to Deal with Bullies	Catherine Depino
Book	Easing the Teasing: Helping Your Child Cope with Name-Calling, Ridicule and Verbal Bullying	Judy S. Freedman
Book	And Words Can Hurt Forever: How to Protect Adolescents from Bullying, Harrassment and Emotional Violence	James Garbino
Book	Take the Bully by the Horns: Stop Unethical, Uncooperative or Unpleasant People from Ruining Your Life	Sam Horn
Book	Nobody Knew What to Do: A Story About Bullying	Becky Ray McCain
Book	Your Child: Bully or Victim? Understanding & Ending Schoolyard Tyranny	Peter Sheras
Book	Stop Picking on Me	Pat Thomas
Book	Mom, They're Teasing Me: Helping Your Child Solve Social Problems	Michael Thompson

Subject: TEASING AND BULLYING

St. Leonard's Community Services Resource Library

Source	Title	Author
Book	Essential Protein	Mia Adler
Book	The Child Clinician's Report - Writing Handbook	Ellen Braaten
Book	The Prepare Curriculum: Teaching Prosocial Competencies	Arnold P Goldstein
Book	Parental Psychiatric Disorder: Distressed Parents and their Families	Copert, Webster & Seeman
Book	Skilled Helper & Exercises	Gerard Egan
Book	Treating Chronic and Severe Mental Disorders: A Handbook of Empirically Support Interventions	Hofnuth and Tompson
Book	Roadblocks in Cognitive Behavioural Therapy: Transforming challenges into Opportunities for change	Robert Leahy
Book	Strength- based Counselling with At-Risk Youth	Michael Linger
Book	Ethnicity & Family Therapy	Monica McGoldvick
Book	Dialectical Behaviour Therapy with Suicidal Adolescents	Minner, Rathus, and Linehan
Book	Motivational Interviewing: Preparing people for change	William Miller
Book	Development Through Life	Newman & Newhan
Book	Understanding Diverse Families: What Practioners Need to Know	Barbara Okun
Book	The Strengths Model: Case Management with People Suffering from Severe and Persistent Mental Illness	Charles Rapp
Book	Skills for Group Living Volumes 1-3	Rosemary Smead
Book	Life-Span Development	Santrock
Book	The Evidence Based Practice Methods, Models and Tools for Mental Health Professionals	Stout and Hayes
Book	Treating Self Injury: A Practical Guide	Barent Walsh

Subject : Treatment Approaches

Book	Social Work Advocacy	Robert Schneider
Book	Abnormal Child Psychology - 3rd Edition	Mash & Wolfe

Subject : Treatment Approaches

